Come for an informal chat with Sonia about her journey from undergraduate researcher and MARC scholar to professor. Sonia was born and raised in San Jose, CA. She attended San Jose State University and majored in Biological Sciences. In her junior year she joined the MARC program and had her first research experience, which set her career path. She then obtained a PREP post-baccalaureate position at the Mayo Clinic in Rochester, MN. There she studied glial cells for the first time in a neuroimmunology lab and decided to pursue a PhD in neuroscience. She completed her PhD in Neuroscience at Stanford University, examining sex differences in response to hypoxic injury associated with preterm birth using mouse models. Then as an IRACDA postdoctoral fellow at UCSF, she researched neuron-glia interactions in the CNS, specifically focusing on the neuronal regulation of myelination during development and was awarded an NINDS Career Transition Award. She is now a Robert J. and Nancy D. Carney Assistant Professor in the department of Neuroscience at Brown University.